

**MAIN POINT:**

Jesus Is God

**BIBLE VERSE:**

*"Come follow me," said Jesus." Matthew 4:19a*

**BIBLE STORY SUMMARY:**

Jesus and His friends were on a lake when a big storm started! His friends were scared because they thought they were going to drown. Jesus told the wind and the waves to be still, and they listened! Only Jesus can do that because Jesus is God.

**WATCH IT**

Find the lesson video on our website: <https://cchurch.ca/childrens-online>

**DO IT → LAKE BAGS**

**Supplies:**

- Ziploc snack-sized bag
- Blue or clear hair gel
- Blue food colouring
- Fish stickers (optional: you could also draw fish on the bag with coloured Sharpie)

**Activity Instructions:**

- Place a small amount of hair gel in the bag with three drops of blue food colouring. Seal the bag.
- Have your child squish the bag to mix it around.
- Place fish stickers on the outside of the bag or draw fish on with markers.

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## TALK ABOUT IT:

1. **Who lives in a lake?** (Fish! Just like on our craft.) **That's right! And what can we do ON the water of a lake?** (Ride in a boat or on a Sea-Doo, float on a tube or other type of floating toy.)
2. **When a big storm came up, it made big waves on the lake. The disciples were scared! But Jesus wasn't because Jesus is God! He made the water and the wind, so when He told them to be still, they knew His voice and obeyed. Jesus takes care of us all the time, even when we're scared. Jesus is God, so He is bigger than any problem we have. When are some of the times when we might be worried or scared, but we know Jesus is there with us?** (In the dark, in a storm when the thunder is loud, when people around me are fighting, when my friends are mad at me.)

## FAMILY PRAYER:

Dear Jesus, We are so thankful that You are with us. You are God, and You take care of us even when life is scary. Help us remember to ask You for help when we are scared. In Jesus' name, Amen.