

**MAIN POINT:**

Jesus Is God

**BIBLE VERSE:**

*"Come follow me," said Jesus." Matthew 4:19a*

**BIBLE STORY SUMMARY:**

Jesus and His friends were on a lake when a big storm started! His friends were scared because they thought they were going to drown. Jesus told the wind and the waves to be still, and they listened! Only Jesus can do that because Jesus is God.

**WATCH IT**

Find the lesson video on our website: <https://cchurch.ca/childrens-online>

**DO IT → SPONGE BOAT**

**Supplies:**

- Sponge
- Straw
- Paper
- Crayons
- Scotch tape
- Scissors
- Shallow container with enough water for the boat to float (Optional - you can also use the bathtub or a sink.)

**Activity Instructions:**

- Cut a triangle out of the paper to be the sail.
- Have your child colour their sail.
- Tape the straw to the sail and insert the other end into the sponge.
- Place the boat in the water so that it can sail around.

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## TALK ABOUT IT:

1. **When there is a storm, what do you see? What do you feel? What do you hear? What do you smell?** (You can see the rain, and lightning; you can feel the rain and wind; you can hear the rain, wind and thunder; you can smell the rain.)
2. **Sometimes a storm can be so loud it wakes us up. In our story, Jesus was sound asleep during a big storm. His friends woke Him up because they were scared! But Jesus wasn't worried because He is God. The wind and the waves listen to Him, so when He told them to stop, they stopped. That means we don't need to be worried either. Let's think of some things that sometimes we worry about, that we don't need to worry about because Jesus is God and He is with us.** (We might worry about there being enough treats while we wait our turn; getting a turn with a toy; scary things like the dark or being alone.)

## FAMILY PRAYER:

Dear Jesus, We are so thankful that You are God, and You are with us. We don't need to worry! Please help us to trust You, when we start to worry or we're afraid. We love You. In Your name, Amen.