

MAIN POINT:

Psalms – God is Worthy of our Confession Confessing our sins to God demonstrates the worthiness of God to forgive them. In today's lesson, we learn that God is merciful and will forgive our sin if we confess it to Him. God restores us by cleansing us of our sin, erasing it, renewing our spirit and restoring our joy. When we confess our sin to God, it is an act of worship. It is showing God what we know he is merciful and will restore us. It is showing God that we agree with Him that our sin is evil and needs to be confessed. It is entrusting our confession to God's mercy and leaning on his unfailing love.

FAMILY DISCUSSION:

- 1. God's Word brings our sin to light. When you heard today's topic of confession, how did you feel?**
(Maybe uncomfortable; not interested; wanted to learn more; wanted to understand confession better.)
- 2. Has someone ever asked you for forgiveness? What did you do and why?**
(Maybe at school, a friend, sibling. Maybe asked for forgiveness for saying something mean, taking something of yours, breaking something of yours.)
- 3. When you have sinned in the past, have you ever tried to justify or defend your sin?** (For example, what I did wasn't that bad compared to ____.)
- 4. Today we learned about 3 truths about God and how to deal with sin in our lives:**
 - **God is holy**
 - **God is merciful**
 - **God restores**

Where have you seen God merciful to you in the last 6 months? *(ie where have you seen God be "compassionate, gracious, slow to anger, abounding in love and faithfulness" – Exodus 34:6).*

- 5. In the past when you have felt guilt or been convicted about something you did wrong, what did you choose to do about it?** *(Did you admit your wrongdoing right away? Did you hide? There can be many different responses. We need to remember how God would want us to react.)*

FAMILY PRAYER:

Ask your child how you can pray for them.

- What is their biggest concern this week?
- Where do they see God working in their life?

Pray with and for your child.

- "(Student's name), may the Holy Spirit give you the courage and strength to make good decisions in what you say, think, and do. May you desire to hear and obey God's voice by the power of the Holy Spirit. May you know that His path leads to life, and when you stray from it, may you believe that He is always waiting for you with a love that passes all understanding."
- Pray this over them: May you always trust the Lord to confess your sins. God is faithful and just and will forgive your sins and purify you from all unrighteousness. John 1:9 May He create in you're a pure heart and renew a steadfast spirit within you. Psalm 51:10