

MAIN POINT:

Big Time Truth—Why the Bible

The Bible is a strong foundation. It is the truth of God word that we can build our lives on because the Bible is the inspired word of God, the Bible is true, and the Bible is the guidebook for our lives and does not change. The Bible can be trusted and those who put their trust in Jesus and build a strong foundation on the Bible have a solid rock they can build their lives on.

FAMILY DISCUSSION:

1. **Today we learned that the Bible is God’s truth that will never change.**

What is one thing Mr. Matt talked about that surprised you? What was one thing that you have questions about?

2. **Today we heard that we can build our lives on the Word of God because it is a solid foundation. When do you usually read your Bible at home? Do you find it hard to read your Bible at times? What makes it difficult?**

(Students often find it hard to read the Bible and understand it. It may be because they have a wrong translation, they are reading a book of the Bible that is difficult to understand.

Sometimes students don’t know how to build the practice of reading God’s Word in their lives etc. Listen and thank everyone for answering. Make sure each student can participate)

3. **God’s word is the Big-Time Truth that keeps us stable in a world that is constantly changing. Let’s look up 1 Peter 2:2 and read it together:**

“So get rid of every kind of evil, and stop telling lies. Don’t pretend to be something you are not. Stop wanting what others have, and don’t speak against one another. ² Like newborn babies, you should long for the pure milk of God’s word. It will help you grow up as believers. ³ You can do this now that you have tasted how good the Lord is.”

What words do you notice when we read this passage of scripture? What do you think this verse means? *(The Bible is often referred to as food for nourishment. Like a baby needs milk to grow and survive, God’s word is described like milk to help us grow up as followers of Jesus.)*

Have you ever thought of the Bible as food before?

4. **God's Word is nourishment for us. Now think about the food you eat every day. Why is it important to eat the right food and eat regularly?** *(If we don't eat the right food or if we don't eat at all, we become malnourished. We don't have the nutrients and energy we need to stay strong. The Bible is our source of spiritual nourishment. We need to 'eat' regularly and have it part of our daily lives in order to stay strong, be reminded of truth, and know we have a solid rock to stand on when things are changing around us.)*

5. **What is something you can do this week to make the Bible a daily part of your life?** *(Listen and contribute your ideas to help guide the discussion. Ideas include reading app, reading plan, time of day, challenge themselves to start a 'reading streak' etc.)*

6. **Today we heard that wise people build their lives on a solid foundation – on the Bible. How do you think reading God's Word regularly is going to help you build that solid foundation in your life?** *(It ensures we know who God is, His plans and purposes for our lives, what He says we should be focused on, and what is right and good for our lives and warns us what is not good for us. When we remind ourselves of this regularly, then we are able to stand firm when storms come our way at school, in our family, and our friendships. We build our lives on who God says we are – children of His – versus what the world says or what people think of us).*

FAMILY PRAYER:

The Bible is a solid foundation that we can stand on when tough times come. It tells us about who God is, His love for us, His plans and purposes for us, and how He wants us to love Him and love those around us.

It reminds us of truth and convicts us when things happen and we need to repent of our sins. We can build our lives on God's Word. I encourage you this week to ask God to help you do the things you said you wanted to do to grow in reading His Word regularly. Before you start reading the Bible, pray and ask God to speak to you as you read.

What are some things that you would like prayer for?